



SAINT FRANCIS DE SALES ROMAN CATHOLIC PARISH

Friday, July 12, 2024

Choosing Your Confirmation Name

The name you have is a significant part of your identity, as it is how others recognize you. When you were baptized, your parents selected your name. If you don't know the reasons behind their choice, now is the time to inquire about it. As you prepare for confirmation, it's important to confirm the significance of your current name or choose a new name that reflects your growing faith.

The tradition of being given a name can be traced back to the Old Testament. When Abram was called to lead his people to believe in one God, God changed his name from Abram, meaning "Father of many," to Abraham, meaning "Father of many nations." In the New Testament, we find Jesus changing Simon's name to Peter, meaning "rock," because Peter was to become the rock upon which Jesus founded his Church.

Please remember the following: Your Confirmation name should reflect your role as a maturing Catholic. We hope you will affirm your baptismal name. Find out what your name means. Does the meaning of your name capture your spirit and your faith? Is it meaningful to you? If not, you may choose a different Christian name for Confirmation that is appropriate. Perhaps you would like to take the name of a saint (or saintly person like Mother Teresa) whom you admire.

Once you have chosen a name, please write to us explaining all the information you considered when making your decision. Begin by sharing your baptismal name and how your parents chose it for you. Then let us know if you are keeping that name or choosing a new one, along with the reason for your decision. Additionally, tell us about any saints or saintly individuals who share your chosen name and discuss the unique qualities that led to their canonization in the Catholic Church.

This is a paper, not a few sentences or a paragraph. It should be typed and should be a minimum of one page, double-spaced, 12-point font. Relating the story of your name should take time. This will be part of your religion curriculum, so your catechist/teacher will read and grade it.

Please note: This paper is not just about a saint, but about YOU. It should include information about a saint whose name you share or from which your name is derived.

This paper is due on the 7th of December 2025.

Fr. Mariusz Sztuk, SDS

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(Parish Priest)